KAYLA M. Newkirk

(315) 414-7962 | kaylanewkirk@truetalkcounseling@gmail.com

I am a hard-working and organized individual who is seeking a position in the mental health counseling field where I can foster my skills while acquiring new ones and be able to grow within your organization.

HIGHLIGHTS

Psychology Major Critical Thinker Active Listener
Eager Learner Compassionate Service Oriented
Dependable Hard Worker Multi-Tasker

EDUCATION

MSEd. in Clinical Mental Health Counseling, St. Bonaventure, St. Bonaventure, NY
- Member of Chi Sigma Iota Honor Society

B.S. in Psychology, SUNY Geneseo, Geneseo, NY
- Minor: Human Development
- Volunteered at the Pediatrics and Behavior Analysis Studies Departments at SUNY Upstate

A.A.S in Liberal Arts, Cayuga Community College, Fulton, NY
- Concentration in Education
- Peer Academic Tutor in English and Note Taker

WORK EXPERIENCE

Clinical Mental Health Counselor -Limited Permit True Talk Mental Health Counseling,   2024-Present
- Engaged in psychoeducational workshops, collaborated with supervisor for treatment plans, and maintained accurate documentation of client interactions and progress following ethical guidelines
- Provide crisis intervention services, including assessing risk and coordinating appropriate referrals and treatment plans

Calculus Academic Coach, University of Arkansas, Fayetteville, AR   2023-2024
- Effectively managed time and caseloads based on 20 hours per week
- Provided one-on-one academic support to students, supported full-time staff in presentations, event planning and program growth

Clinical Mental Health Counselor Intern, Branches of Growth Counseling, Cicero, NY   2022-2023
- Effectively managed time and caseloads based on 8 sessions per week
- Documented all client information including progress notes, treatment reports, and service plans

Community Resource Specialist, Contact Community Services, East Syracuse, NY   2021-2023
- Provided assistance to callers, supported callers on crisis lines, and referred to local resources as needed